

# Newcomer Open House

Saturday, June 27<sup>th</sup>, 2026

8am-8pm EDT (UTC -4)

Zoom ID: 880 5127 6988

Passcode: 10112

Where do I start? What if I don't believe in God?  
How do I develop a Plan of Eating? What does a  
Sponsor do and how do I find one? Young People,  
Black, Indigenous, People of Color, LGBTQ+, Men in  
OA, OA & other Compulsions, Meditation, Anorexia  
& Bulimia.

Foreign language meetings.

Meeting schedule:

<https://oavirtualregion.org/events/>

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