

---

## Region Ten Assembly and Convention 2020



# Region 10 Convention 2020

1960 – 2020

Overeaters Anonymous Celebrates 60 Years  
Hosted on Zoom by Queensland Intergroup, Australia

**Saturday October 17, 9am – 4pm AEST**

**Sunday October 18, 10am – 3pm AEST**

The registration details are live! [Click here](#)

Inquiries to [oaqldsecretary@gmail.com](mailto:oaqldsecretary@gmail.com)

If you would like to download the schedule please [click here](#)

### Saturday (AEST)

09:00	Welcome
09:05- 10:45	Meet the Region 10 board panel
10:45 - 11:00	BREAK 15 mins
11:00 - 12:30	Maintaining abstinence in times of crisis meeting
12:30 - 1:00	LUNCH
1:00- 2:15	Body image, relationships and sexuality workshop
2:15 - 2:30	BREAK 15 mins
2:30 - 4:00	Sponsorship meeting

### Sunday (AEST)

10:00 - 11:15	Building a relationship with a higher power meeting
11.15 - 11.30	BREAK 15 mins
11:30 - 1:00	Long Timer Meeting
1.00 - 1.30	LUNCH 30 min
1:30 - 3:00	Going forward - service in a virtual world & Ask it Basket
3:00 - 3:05	Closing

[View Mobile Site](#)